

## Swim Lessons

The primary purpose of the Spiece swim lesson program is to teach aquatic and safety skills in a logical progression. They will become safer and better swimmers. Swim lessons are 1/2 hour in length and meet weekly for 7 weeks.

**Infant and Preschool:** the infant and preschool program helps young children (ages 6 months to 4 years of age) become comfortable in and around the water so they are ready to learn to swim. Parents are given information and techniques to help their children adjust to the water and to supervise water activities in a safe manner.

### Parent /Child level

Parent/adult accompaniment in the water is required.

Monday 9:30am(6-35 months of age)

Saturday 9:30am(6-35 months of age)

### Preschool level (3 & 4 years of age)

Monday 9:00am

Saturday 9:00am

### The Learn to Swim Program:

(ages 5 to 13 years old) is comprised of six levels and swimmers must demonstrate competence in all skills before they can advance to the next level.

Level Description	Wednesday	Saturday
1 Water Exploration	5:00pm	10:00am
2 Primary Skill	5:00pm	10:00am
3 Stroke Readiness	4:30pm	10:30am
4 Stroke Development		10:30am
5 Stroke Refinement		11:00am
\$54 Non members	\$24 Members	

## Kids Zone

The Spiece Kids Zone is for children 6 weeks to 13 years of age and is available for members and Day Spa clients.

Hours are as follows (subject to change):

Monday–Friday: 8:00 am - 1:00pm

4:00 pm - 8:00pm

Saturday: 8:00 am - 4:00pm

Sunday: Seasonal

Payment for Kids Zone area must be paid in advance at the main reception desk. You will be given a pass to allow your child admittance into the Kids Zone. Services are not offered without payment. Cost is \$3 per child (no charge for children age 7-13 on a family membership).

For the comfort of your child, stays longer than 2.5 hours are not permitted. There is a limit of ten (10) children per attendant, so admittance is on a first come, first served basis. Parents must remain on the premises while their child is in the Kids Zone area.

When parents pick up his/her child, the following must occur:

- The parent will sign the “sign-out” on the reservation sheet.
- The parent who signed the child in must sign the child out.
- The signature will be validated by the Kids Zone Staff.

Please pick up a Kids Zone Guidelines sheet at the front desk for more details on the Spiece Kids Zone.



## Youth Mission Statement

To provide our Youth Members a fun, safe environment, while inspiring an interest in health and fitness.

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Ft. Wayne, IN 46825  
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[info@spiece1mc.com](mailto:info@spiece1mc.com)

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# Youth Activities

## Kids Night Out

Let the Spiece staff take care of your kids while you enjoy a night out! Organized games and activities in the Kids Zone and Pool are provided throughout the evening. Kids Night ends with a movie and snack.

Generally held on the 1st Friday of each month (please call to confirm/register).  
**5:30-10:00 pm, Ages 4-12**

**Cost:** \$15 for first child, \$10 for second child and \$5 for each additional child

(Children must be in the same family to receive quantity discount; payment due at sign up; program may be cancelled if minimum registration is not met).

*Remember to pack your swim suit!*

Sign up at the Spiece desk or by calling  
**483-1415**

## Spring & Summer Day Camp

Fitness, Fun, And Friends  
...an activity based camp for kids of all abilities and skills.

### What to Bring

- Bathing suit and bag to put wet suit in
- Lunch
- Snack is provided

Please wear comfortable clothing and gym shoes.

## Day Camp Activities

Children will learn while having fun with activities that include, but are not limited to:

- Non-competitive sporting games
- Team building activities
- Obstacle course challenges
- Exercise with focus on active play
- Scavenger hunts
- Arts and crafts
- Water safety
- Recreational swim
- Nutritional information

## Registration Information

Registration may be done in person at Spiece Fitness during normal business hours or by phone.

### Cost:

Members: \$15/day

Non members: \$20/day

### Before/After Care:

Members: \$3/child/session

Non members: \$5/child/session

Before care beginning at 7:00AM

After care available until 6:00PM

### Spring Break Camp Dates

March 30 - April 3

### Summer Break Camp Dates

June 8 - 12, June 15 - 19, June 22 - 26

June 29 - July 3, July 6 - 10, July 13 - 17

July 20 - 24, July 27 - 31, Aug 3 - 7,

Aug 10 - 14



## Birthday Parties

Mom and Dad, relax and let Spiece take care of your child's birthday party. Birthday parties are designed to your specifications and offer you the opportunity to create the party that your child will remember for a lifetime. For more information call Audrey at 483-1415.

Party opportunities:

**Day Spa-** mini manicure and pedicure and face art

**Birthday Party Room -** eat and hang out

**Kids Zone-** structured games

**Pool-** recreational swim

**Pizza and Cake**